

Central Bucks School District Elementary School Lunch Menu December 2022

2

Build Your Own Snowman 5th



You can add money to your students account at Myschoolbucks.com Or

Send a check with your

child made out to CBSD

DATES THAT RATE

2nd Early Dismissal 9th,20th Lucky Tray Days 23rd No School for Students 26th-30th Holiday Break Popcorn Chicken With Dinner Roll

> BYO Pizza PB&J Pack Taco Salad Juicy Pears Grape Tomatoes Choice of Milk

Early Dismissal <u>No Lunch</u> <u>Served</u>

Build Your Own Snowman Pancakes with Raisins Bacon and Hash browns

Cheese Sub BYO Pizza PB&J Pack Applesauce Cucumber Slices Choice of Milk Walking Nachos
With
Mexi-Corn

Cheese Sub BYO Pizza PB&J Pack Mixed Fruit Pepper Strips Choice of Milk Cheese Pizza or Pepperoni Pizza

> Cheese Sub BYO Pizza PB&J Pack Peaches Corn Choice of Milk

Vegan Nuggets or
Chicken Nuggets
with creamy rice

Cheese Sub BYO Pizza PB&J Pack Juicy Pears Grape Tomatoes Choice of Milk Lucky Tray Day
Penne with Alfredo
Penne, alfredo and
Chicken

Today

Cheese Sub BYO Pizza PB&J Pack Orange Smiles Broccoli Choice of Milk

12

Jumbo Waffles **V** with Sausage Patty

Ham & Cheese Sandwich Pretzel & Yogurt Meal PB&J Pack Whole Apple Cucumber Slices Choice of Milk Beef & Cheese Krispito
Or
Bean & Cheese Krispito

O

Ham & Cheese Sandwich Pretzel & Yogurt Meal PB&J Pack Mixed Fruit Pepper Strips Choice of Milk Cheese Pizza O or Buffalo Chicken Pizza

Ham & Cheese Sandwich
Pretzel & Yogurt Meal
PB&J Pack
Peaches
Corn
Choice of Milk

Grilled Cheese with Tomato Soup

Ham & Cheese Sandwich Pretzel & Yogurt Meal PB&J Pack Juicy Pears Grape Tomatoes Choice of Milk Hot Dog or Buffalo Mac & Cheese

> Ham & Cheese Sandwich Pretzel & Yogurt Meal PB&J Pack Orange Smiles Broccoli Choice of Milk

Scrambled Ranchero Breakfast Wrap with sour cream

Chef's Choice Sandwich
Muffin Meal
PB&J Pack
Apple Slices
Cucumber Slices
Choice of Milk

20 Lucky Tray Day
Cheese or
Chicken & Cheese Fajita
w/ black bean salsa

Chef's Choice Sandwich Muffin Meal PB& J Pack Mixed Fruit Pepper Strips Choice of Milk Cheese Pizza**V** or Pepperoni Pizza

Chef's Choice Sandwich Muffin Meal PB & J Pack Peaches Corn Choice of Milk

28

2 Chicken Meatball Sub With Marinara

Chef's Choice Sandwich
Muffin Meal
PB & J Pack
Juicy Pears
Grape Tomatoes
Choice of Milk

In-Service Day
No School

23

30

No School <u>For</u> Students

26

Holiday Break 27

<u>Holiday</u> Break <u>Holiday</u> Break

29

<u>Holiday</u> <u>Break</u> <u>Holiday</u> Break

Lunch Prices: \$2.60 Full Free for Reduced

A reimbursable meal must include items from at least 3 food groups, one of those items must be a 4oz fresh vegetable and either 4oz of fresh fruit or 100% fruit juice to follow USDA guidelines for the NSLP. Any second entrée will be charged a la carte pricing to the students account

Menu subject to change without notice due to product availability

Milk: All Choices are rBST Hormone Free:

Nonfat Flavored Chocolate OR 1% White Wellness Tip of the Month: Did you know the first known carrots were yellow & purple? Carrots are rich in antioxidants and vitamins like Vitamin A and Beta Carotene. The USDA recommends children ages 4-8 have 1.5 cups of veggies per day.

